



Patient Instructions

Your physician has ordered an overnight oximetry test to monitor your blood oxygen level. If you have any questions regarding the following instructions please call **Protecs Labs, Inc. at 866 - 925 - 1961**, and we will assist you.

1. Test must be performed on **Room Air** (you cannot wear your oxygen during this test), unless otherwise instructed by your physician.
2. At bedtime place the probe on you fingernail, any finger except your thumb, as shown on probe. The cord of the probe should run over your knuckle. Please remove nail polish prior to use.
3. If you wish to secure the probe, we suggest using a band-aid. Wrap the band-aid around your finger, over the cord, and between your knuckle and the probe.
4. Turn the Oximeter on by pressing and releasing the big blue round button.
5. After pressing the button number will appear within 30 seconds. The number on the top is your oxygen level; the number on the bottom is your heart rate.
6. If you need to use the bathroom during the night, remove the probe from your finger, the Oximeter will stay on for 10 minutes. If you return and the Oximeter has turned off, press the big blue round button again. Please make sure the Oximeter is reading.
7. When you wake up in the morning, take the probe off your finger, and press the big blue round button until Oximeter shuts off.

**** If You Currently Use Oxygen At Night ****

If you experience extreme shortness of breath during the test please stop the test and resume using your oxygen as normal. Note the time that you replaced it and please tell the technician when they pick up the oximeter.

**INDEPENDENT DIAGNOSTIC TESTING FACILITY
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